

Soft Power Health First Quarter Update 2012

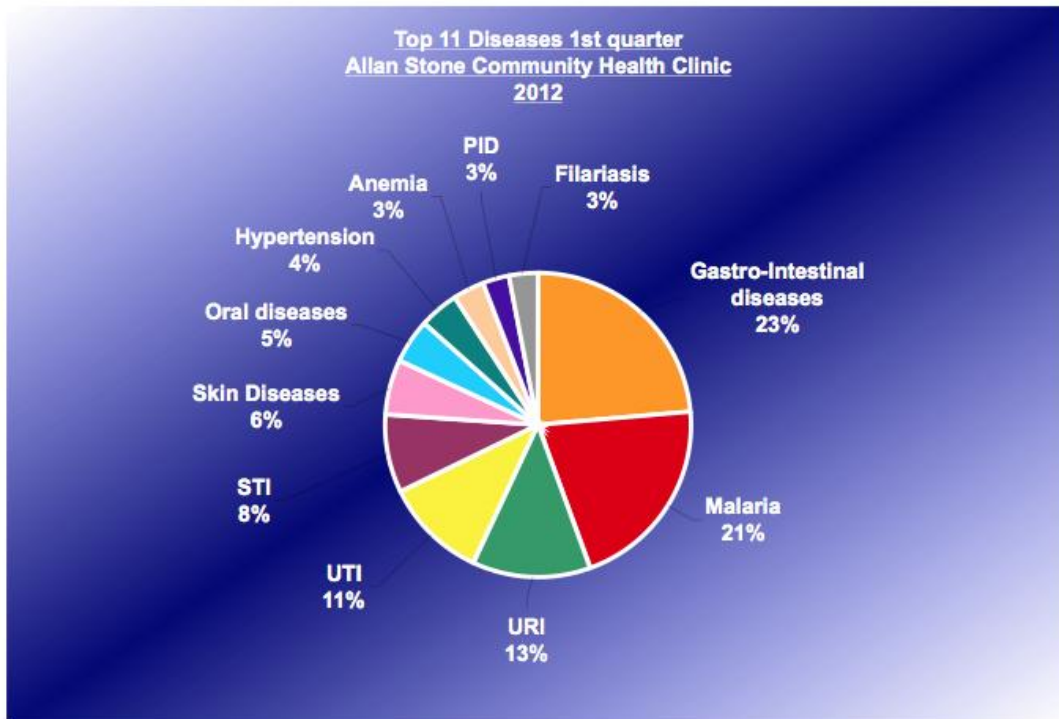
We have had a very busy first quarter, both at the clinic and with all the outreach programs. Also, our new mosquito nets arrived in Uganda on April 18, so our malaria education sessions will be starting up again soon. Thank you for all your support, and see how powerful we can be!

The Allan Stone Community Health Clinic

In the first quarter of 2012, The Allan Stone Community Health Clinic treated 4,455 people. Of that number, we referred 156 people (3.5% of the total) for treatment in Kampala or elsewhere.

Top 11 conditions we treated this quarter:

As indicated in the chart below, gastro-intestinal diseases and malaria ranked highest among the conditions treated at the clinic this quarter (637 and 559 cases, respectively). This was followed by: upper respiratory infections (341), urinary tract infections (287), sexually transmitted infections (228), skin diseases (154), oral diseases and conditions (130), hypertension (116), anemia (83), pelvic inflammatory disease (81) and filariasis (80).



This quarter, 52 cases of pneumonia and 33 cases of diabetes were also diagnosed and treated at the clinic. In addition, 1329 people were tested for HIV and only 81 had positive tests.

Mother and Child Wellness Center:

At the Mother and Child Wellness Center, 31 children and adults received treatment for malnutrition. In addition, 157 children were vaccinated, 12 received de-worming treatment, and 8 began Vitamin A supplementation. Since January, 149 doses of Depo-Provera were administered at the Center, and birth control pills were distributed to 10 women. Also, 18 new contraceptive implants and 5 IUDs were inserted, and 6 implants and 3 IUDs were removed.

Finally, at the permanent and long term methods event we co-organized with Marie Stopes Uganda (MSU) on February 23, 2012, 31 tubal ligations were performed, 45 contraceptive implants were inserted and 3 removed, and 4 new IUDs were inserted. This is the first of the four long-term and permanent birth control days we co-host yearly with Marie Stopes. It was also a very happy first anniversary of the opening of our Mother and Child Wellness Center!

Family Planning Outreach:

Family Planning Outreach continues to be very successful, as demonstrated by our numbers this quarter. Since January, 617 injections of Depo-Provera have been administered and birth control pills have been given to 122 more women.

In addition, this quarter we were able to distribute almost 1,000 condoms (100 through the center and 884 through outreach!) This is incredible, as condoms have become extremely difficult to get in Uganda at the moment. All of those that we distribute are obtained directly from volunteers and donors. Thank you to all who help make this possible.

Malaria Outreach:

In January we sold our last 477 nets, then had lots of time to catch up on follow up visits as we waited for the new shipment to arrive. This quarter our malaria team performed 529 follow up visits. Now that the new supply of nets has arrived in the country and is in the process of clearing the Ugandan National Bureau of Standards, we hope to start our malaria education sessions and net sales as soon as possible!



Sarah, our head malaria educator, in action at a malaria education session and net sale. She is showing our new striped nets, which are extremely popular.